



**THE
KAREN
HOSPITAL**

Leadership in Healthcare

MERU OUTPATIENT BRANCH
WELLNESS BROCHURE



Platinum Check-up

Male

DOCTOR'S CONSULTATION
HAEMOGRAM
ESR
GLUCOSE (FASTING OR RANDOM)
URINE ANALYSIS
STOOL ANALYSIS
HIV1&2(ELISA)
LIVER FUNCTION TESTS (LFT)
U/E/C
PSA
ECG
ECHOCARDIOGRAM
NUTRITION REVIEW
HBA 1C
URIC ACID
BLOOD GROUP
LIPIDS PROFILE
ULTRASOUND ABDOMINAL
OCCULT BLOOD
HELICOBACTER ANTIGEN
ULTRASOUND PROSTATE
TSH
DENTAL REVIEW

Female

DOCTOR'S CONSULTATION
HAEMOGRAM
ESR
GLUCOSE (FASTING OR RANDOM)
URINE ANALYSIS
STOOL ANALYSIS
HIV1&2(ELISA)
LIVER FUNCTION TESTS (LFT)
U/E/C
PAPSMEAR
ECG
ECHOCARDIOGRAM
NUTRITION REVIEW
HBA 1C
URIC ACID
BLOOD GROUP
LIPIDS PROFILE
ULTRASOUND ABDOMINAL/PELVIC
OCCULT BLOOD
HELICOBACTER ANTIGEN
BREAST ULTRASOUND
TSH
DENTAL REVIEW

TOTAL : Kshs. 30,000

Gold Check-up

Male

HAEMOGRAM
BLOOD GROUP
ESR
GLUCOSE (FASTING OR RANDOM)
URINE ANALYSIS
STOOL ANALYSIS
HIV1&2(ELISA)
LIVER FUNCTION TESTS (LFT)
U/E/C
URIC ACID
PSA
ECG
LIPIDS PROFILE
ULTRASOUND PROSTATE
DENTAL REVIEW

Female

HAEMOGRAM
BLOOD GROUP
ESR
GLUCOSE (FASTING OR RANDOM)
URINE ANALYSIS
STOOL ANALYSIS
HIV1&2(ELISA)
LIVER FUNCTION TESTS (LFT)
U/E/C
URIC ACID
PAPSMEAR
ECG
LIPIDS PROFILE
BREAST ULTRASOUND
DENTAL REVIEW

TOTAL : Kshs. 20,000

HIGH RECOMMENDED TESTS AT AN ADDITIONAL COST

- MAMMOGRAM
- PROSTATE/ABDOMINAL
- PELVIC/ABDOMINAL ULTRASOUND
- COLONOSCOPY
- GASTROSCOPY
- CORONARY ANGIOGRAM

HEART CHECK

- CARDIAC CONSULT AND PHYSICAL EXAMINATION
- ELECTROCARDIOGRAM
- ECHO CARDIOGRAM
- EXERCISE STRESS TEST

DIABETIC CHECK

- FBS
- HBA1C
- URINE MICROALBUMIN
- PHYSICAL EXAMINATION
- SPECIALIST CONSULTATION

CHILD HEALTH CHECK

- BLOOD GROUP AND RH TYPING, RBC, Hb, TC & DC, ESR, URINE ANALYSIS, STOOL TEST, MANTOUX TEST, X-RAY CHEST.
- PHYSICAL EXAMINATION AND ADVICE BY A PAEDIATRIC CONSULTANT

PRE-EMPLOYMENT CHECK

- BLOOD GROUP AND RH TYPING, RBC, Hb, TC & DC, ESR, URINE ANALYSIS, STOOL TEST, MANTOUX TEST, X-RAY CHEST.
- PHYSICAL EXAMINATION AND ADVICE BY A PAEDIATRIC CONSULTANT

Silver Check-up

Male	Female
DOCTOR'S CONSULTATION	DOCTOR'S CONSULTATION
HAEMOGRAM	HAEMOGRAM
ESR	ESR
GLUCOSE (FASTING OR RANDOM)	GLUCOSE (FASTING OR RANDOM)
URINE ANALYSIS	URINE ANALYSIS
STOOL ANALYSIS	STOOL ANALYSIS
HIV1&2(ELISA)	HIV1&2(ELISA)
LIVER FUNCTION TESTS (LFT)	LIVER FUNCTION TESTS (LFT)
U/E/C	U/E/C
PSA	PAPSMEAR
LIPIDS PROFILE	LIPIDS PROFILE
DENTAL REVIEW	DENTAL REVIEW

TOTAL : Kshs. 15,000

Bronze Check-up

Male	Female
DOCTOR'S CONSULTATION	DOCTOR'S CONSULTATION
HAEMOGRAM	HAEMOGRAM
ESR	ESR
GLUCOSE (FASTING OR RANDOM)	GLUCOSE (FASTING OR RANDOM)
URINE ANALYSIS	URINE ANALYSIS
STOOL ANALYSIS	STOOL ANALYSIS
HIV1&2(ELISA)	HIV1&2(ELISA)
LIVER FUNCTION TESTS (LFT)	LIVER FUNCTION TESTS (LFT)
U/E/C	U/E/C
PSA	PAPSMER
DENTAL REVIEW	DENTAL REVIEW

TOTAL : Kshs. 10,000

Basic Check-up

Male	Female
HAEMOGRAM	HAEMOGRAM
ESR	ESR
GLUCOSE (FASTING OR RANDOM)	GLUCOSE (FASTING OR RANDOM)
URINE ANALYSIS	URINE ANALYSIS
STOOL ANALYSIS	STOOL ANALYSIS

TOTAL : Kshs. 2,000



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